**No : 22/C.2/WJ/05/17**

**GEREJA PROTESTAN MALUKU**

**ANGGOTA PGI KLASIS KOTA AMBON**

**JEMAAT SILO**

**Alamat Sekretariat: Gedung Gereja Silo, Jl. A.M. Sangaji No. 47 Ambon**

**Telp. (0911) 353383 - 310323**





**BERSEKUTU DAN BERTEKUN MENANTI ROH KUDUS**

**Pendeta Bertugas**

**Minggu ini :**

Pdt. A. J. TIMISELA

**Koordinator Majelis**

**Minggu ini:**

Dkn. Nn. M. HEHANUSSA

**Jika Bapak / Ibu / Saudara / Saudari membutuhkan Pelayanan**

**Silahkan Menghubungi Para Pelayan di bawah ini :**

**PENDETA JEMAAT :**

**Pdt. A. J. Timisela**

Hp. 081 390 624 979

**Pdt. Ny. E. M. Alfons – Ifasaksily**

Hp. 081 343 244 435

**Pdt. Ny. J. Rutumalessy – Sahureka**

Hp. 081 247 050 755

**Bagi Jemaat yang ingin**

**memberikan Donasi dapat melalui :**

**REKENING BANK JEMAAT GPM SILO**

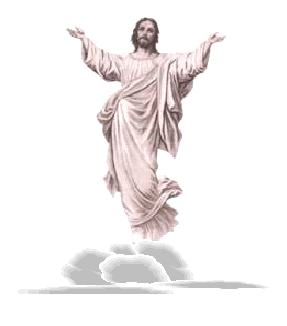
**PT. BANK MANDIRI CABANG AMBON**

**NO.REK. 152-00-1430932-8**

**A.N. MAJELIS JEMAAT GPM SILO**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Minggu, 28 Mei 2017**  **Tata Ibadah : Bulan Oikumene**  **Pembacaan Alkitab :**  **1 Korintus 3 : 1 – 9**  **Kidung Pujian : Disesuaikan**     |  |  |  |  | | --- | --- | --- | --- | | **Ibadah** | **(06.00)** | **(09.00)** | **(18.00)** | | **Pemimpin** | **Pdt. Ny. R. Parera** | **Pdt. Ny. D. Lourens** | **Pdt. Ny. E. Alfons/I** | | **Majelis**  **Bertugas** | **Pnt. Ny. A. Pattisina**  **Pnt. Ny. S. Samson**  **Pnt. H. Sahetapy**  **Pnt. M. Tuanakotta**  **Pnt. Ny. R. Soselisa**  **Dkn. Ny. E. Kainama**  **Dkn. D. Louhenapessy**  **Dkn. Ny. W. Lasamahu**  **Dkn. Ny. R. Waas** | **Pnt. E. Leasa**  **Pnt. S. Tabelessy**  **Pnt. Ny. E. Pieter**  **Pnt. J. Egbert**  **Dkn. Ny. V. Kastanya**  **Dkn. Ny. G. de Fretes**  **Dkn. K. Lourens**  **Dkn. Nn. M. Hehanussa**  **Dkn. Ny. F. Luhukay** | **Pnt. L. Sahertian**  **Pnt. Ny. L. Wattimury**  **Pnt. H. Wattimury**  **Pnt. Nn. J. Tanasale**  **Pnt. Ny. E. Ririmasse**  **Dkn. Nn. I. Tabelessy**  **Dkn. Ny. F. Nunumete**  **Dkn. Ny. K. Wattimury**  **Dkn. A. Matulessy** | | **Kolektan** | **Sektor VI** | **Sektor VII** | **Sektor IV** | | **PS/VG/ Solois** | **VG. Sektor XII**  **VG. Ovel** | **PS. Eden**  **Solo : Gege** | **VG. Kaybers**  **Solo : Indah L.** | | **Kantoria** | **Kelompok 6** | **Kelompok 3** | **Kelompok 2** | | **Orgen/Trompet/**  **Suling** | **Orgen** | **Suling Manuri** | **Trompet Silo** |   **JADWAL BACAAN ALKITAB SEMINGGU**  **Tema Mingguan (28 Mei s/d 3 Juni 2017) :**  **“ Bersekutu dan Bertekun Menanti Roh Kudus “**     |  |  | | --- | --- | | **Nats Bacaan Harian Sepekan** | | | Minggu, 28 Mei 2017 | Kisah Para Rasul 1 : 12 - 14 (Tematis) | | Senin, 29 Mei 2017 | Kolose 4 : 2 - 4 (Tematis) | | Selasa, 30 Mei 2017 | Kolose 4 : 5 - 6 (Tematis) | | Rabu, 31 Mei 2017 | Roma 8 : 24 - 26 (Tematis) | | Kamis, 1 Juni 2017 | Kisah Para Rasul 1 : 15 – 20 (Tematis) | | Jumat, 2 Juni 2017 | Kisah Para Rasul 1 : 21 – 22 (Tematis) | | Sabtu, 3 Juni 2017 | Kisah Para Rasul 1 : 23 – 26 (Tematis) |  1. Ibadah Laki-Laki Klasis GPM Kota Ambon akan berlangsung pada hari Kamis, 1 Juni 2017 bertempat di Gedung Gereja Ebenhaezer Skip Dalam pada pukul 19.30 WIT. Mohon kehadiran seluruh Laki-Laki Gereja dalam ibadah dimaksud.   ***LITBANG Jemaat GPM Silo***  **DATA KEHADIRAN JEMAAT DALAM PERIBADAHAN**  **MINGGU DAN HARI-HARI BESAR GEREJAWI**  **Hari : Minggu, 21 Mei 2017**   |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | **No.** | **Waktu Ibadah** | **Laki-Laki** | **Perempuan** | **Anak-Anak** | **Jumlah** | | 1. | 06.00 WIT | 101 | 113 | 9 | **223** | | 2. | 09.00 WIT | 142 | 328 | 56 | **526** | | 3. | 18.00 WIT | 128 | 121 | 32 | **81** | |  | **Jumlah** | **271** | **462** | **97** | **830** |   **JADWAL PELAYANAN IBADAH KATEGORIAL**   |  |  |  |  |  | | --- | --- | --- | --- | --- | | **HARI/TGL** | **WAKTU** | **PEMIMPIN IBADAH** | **TEMPAT** | **KET.** | | **Senin,**  **29/05/2017** | 08.00 WIT | Pnt. Ny. A. Sasabone  Dkn. K. Lourens | Pangkalan Taxi  Getsemani | Supir Taxi | | 09.00 WIT | Pnt. Ny. A. Pattiasina  Dkn. Ny. J. Sopacua | Rumah Kopi Yoas | Karyawan & Pengunjung | | Pnt. D. Kaya  Dkn. Ny. G. de Fretes | Kel. Gaspersz | Supir Taxi | | Pnt. Ny. E. Pieter  Dkn. Ny. W. Lasamahu | Pangkalan Taxi  Sibu-Sibu | Karyawan | | **Sabtu,**  **03/06/2017** | 15.00 WIT | Pnt. Ny. A. Jozias  Dkn. Ny. H. Tetehuka | Samping  Toko Flamboyan | Becak/Ojek | | 17.00 WIT | Pnt. Ny. S. Samson  Dkn. Ny. F. Luhukay | RM. Beta Rumah | Karyawan & Pengunjung | | 18.00 WIT | Pnt. Ny. E. Ririmasse  Dkn. P. Lewaherilla | Pangkalan Taxi  Getsemani | Supir Taxi | | Pnt. Nn. S. Loppies  Dkn. M. Risakotta | Pangkalan Taxi  Sibu-Sibu | Supir Taxi |   **JADWAL PELAYANAN IBADAH LAKI-LAKI se-Jemaat GPM Silo**  **Materi :**  **Rekreasi Laki - Laki**  **Selasa, 30 Mei 2017**   |  |  |  |  | | --- | --- | --- | --- | | **No.** | **TEMPAT IBADAH** | **SEKTOR** | **PEMIMPIN IBADAH** | | 1 | Bpk. F. Djasmita | I | Bpk. B. Dimara | | 2 | Bpk. D. Sahetapy | II | Bpk. A. Parera | | 3 | Bpk. D. Latuheru | III | Bpk. R. Pattiasina | | 4 | Bpk. F. Dias | IV | Bpk. J. Sopacua | | 5 | Bpk. O. Rommer | V | Dkn. P. Lewaherilla | | 6 | Bpk. A. Manuputty | VI | Ibu M. Tomotius | | 7 | Bpk. D. Engko | VII | Bpk. M. Manuhuttu | | 8 | Bpk. C. Pattiasina | VIII | Pnt. Ny. S. Samson | | 9 | Bpk. K. Paays | IX | Bpk. H. Lenders | | 10 | Bpk. D. Kundre | X | Dkn. Ny. A. Lahumeten | | 11 | Bpk. Ch. Tomasoa | XI | Dkn. Ny. L. Wattimury | | 12 | Bpk. E. Talla | XII | Bpk. R. Pattikawa |   **JADWAL PELAYANAN IBADAH KUNCI BULAN se-Jemaat GPM Silo**  **Rabu, 31 Mei 2017**   |  |  |  | | --- | --- | --- | | **No.** | **TEMPAT IBADAH** | **SEKTOR** | | 1 | Kel. Suitella | I | | 2 | Kel. Ibu V. Pelupessy | II | | 3 | Kel. J. Wattimury | III | | 4 | Kel. Ibu Sumiati | IV | | 5 | Kel. Tamtelahitu | V | | 6 | Kel. J. Izaac | VI | | 7 | Kel. Ibu P. Kaya | VII | | 8 | Kel. Y. Samson | VIII | | 9 | Kel. H. Berhitu | IX | | 10 | Kel. Haikuty | X | | 11 | Kel. Namarubessy | XI | | 12 | Kel. Kiriwenno | XII |   **JADWAL PELAYANAN IBADAH di UNIT – UNIT se-Jemaat GPM Silo**  **Materi : PA**  **Jumat, 2 Juni 2017**   |  |  |  |  | | --- | --- | --- | --- | | **No.** | **TEMPAT IBADAH** | **SEKTOR** | **KET.** | | 1 | Kel. M. Pentury | I | Gabungan Unit | | 2 | Dkn. Nn. M. Hehanussa | II | Gabungan Unit | | 3 | Kel. B. Corputty | III | Gabungan Unit | | 4 | Kel. F. Dias | IV | Gabungan Unit | | 5 | Kel. L. Lewaherilla | V | Gabungan Unit | | 6 | Kel. Pnt. Ny. A. Sasabone | VI | Gabungan Unit | | 7 | Kel. L. Rumpuin | VII | Gabungan Unit | | 8 | Kel. Ibu M. Pellaupessy | VIII | Gabungan Unit | | 9 | Kel. R. Salakory | IX | Gabungan Unit | | 10 | Kel. R. Serhalawan | X | Gabungan Unit | | 11 | Kel. Pnt. E. Leasa | XI | Gabungan Unit | | 12 | Kel. L. Jelelep | XII | Gabungan Unit |  1. Majelis Bertugas Minggu, 69 - -ysa dungi28 Mei 2017 adalah :   -Pnt. Ny. A. Pattisina -Pnt. Ny. S. Samson -Pnt. H. Sahetapy  -Pnt. M. Tuanakotta -Pnt. Ny. R. Soselisa -Dkn. Ny. E. Kainama  -Dkn. D. Louhenapessy -Dkn. Ny. W. Lasamahu -Dkn. Ny. R. Waas  **B.** Pelayanan Orang Sakit kepada :  - Tobyhen Nussy, Sektor VI (RS. Tentara, Rg. Yuda)  **Mohon dukungan Doa Jemaat untuk kesembuhan**  **dan pemulihan kesehatan mereka ...‼!**   |  |  |  |  | | --- | --- | --- | --- | | **PASANGAN CALON** | **ASAL JEMAAT/**  **SEKTOR** | **HARI/TGL.** | | | **PENGGEMBALAAN** | **PEMBERKATAN** | | Sdr. Novi Tuhumury  Sdri. Elsa Rahel Latumeten | Jemaat GPM Silo ; Sektor VIII | Kamis, 08-06-2017  Pukul 10.00 WIT | Jumat, 09-06-2017  Pukul 10.00 WIT |   **Kami mengucapkan selamat HUT Kelahiran dan HUT Pernikahan bagi anggota dan keluarga jemaat GPM Silo yang mengalami sukacita / kebahagiaan pada :**  **Hari Minggu, 28 Mei s/d Sabtu, 3 Juni 2017**  **HUT KELAHIRAN**   |  |  |  |  | | --- | --- | --- | --- | | **No.** | **TANGGAL** | **NAMA JEMAAT** | **SEKTOR** | | 1. | 28 Mei | Bpk. F. Djasmita | I | | 2. | 28 Mei | Ibu Y. Maitimu | I | | 3. | 28 Mei | Elias Patty | IV | | 4. | 28 Mei | Benony Frans | IV | | 5. | 28 Mei | Dava Mual | VI | | 6. | 28 Mei | Secky Manuputty | VII | | 7. | 28 Mei | Fernando Ririmasse | VIII | | 8. | 28 Mei | Ferty Kuhuwael | XII | | 9. | 29 Mei | Kevin Suribory | III | | 10. | 29 Mei | Bpk. M. Maitimu | I | | 11. | 29 Mei | Piere Tupamahu | VII | | 12. | 29 Mei | Bpk. R. Engel | VIII | | 13. | 29 Mei | Ibu W. Pessy | VIII | | 14. | 29 Mei | Mansye Tapilouw | XII | | 15. | 29 Mei | Betty Lopulalan | XII | | 16. | 30 Mei | Kesya Lourens | III | | 17. | 30 Mei | Gloria Lokollo | III | | 18. | 30 Mei | Debora Lokollo | III | | 19. | 30 Mei | Riller Katipana | I | | 20. | 30 Mei | Ibu L. Manuhuttu | I | | 21. | 30 Mei | Bpk. K. Fongjoyo | II | | 22. | 30 Mei | Olivia Selanno | XI | | 23. | 30 Mei | Marven Talla | XII | | 24. | 31 Mei | Mikhel Wattimury | III | | 25. | 31 Mei | Ibu A. Khodjojo | I | | 26. | 31 Mei | Ibu J. Hukom | VIII | | 27. | 31 Mei | Amey Makahity | VIII | | 28. | 31 Mei | Ashira Helaha | VIII | | 29. | 31 Mei | Christania Waas | IX | | 30. | 31 Mei | Kress Nanlohy | X | | 31. | 31 Mei | Poppy Souisa | XI | | 32. | 31 Mei | Michael Maail | XI | | 33. | 31 Mei | Petrus Berhitu | XI | |  |  |  |  | |  |  |  |  | | 34. | 31 Mei | Vebriano Ayhuan | XII | | 35. | 1 Juni | Valentino Latupapua | III | | 36. | 1 Juni | Mesya Lakuteru | I | | 37. | 1 Juni | Stevy Maitimu | I | | 38. | 1 Juni | Kayla Parera | II | | 39. | 1 Juni | Jordy Leiwakabessy | VI | | 40. | 1 Juni | Godwyn Samson | VIII | | 41. | 1 Juni | Pdt. Ny. E. Tahapary/P | X | | 42. | 1 Juni | Ibu Y. Leiwakabessy | X | | 43. | 1 Juni | Ibu P. Mahulette | X | | 44. | 1 Juni | Yuyun Louhenapessy | XII | | 45. | 1 Juni | Gladis Timisela | XII | | 46. | 2 Juni | Hendry Timisela | I | | 47. | 2 Juni | Denis Laiterkuhy | I | | 48. | 2 Juni | Ibu M. Matulapelwa | II | | 49. | 2 Juni | Elsye Manuhutu | IV | | 50. | 2 Juni | William Wainata | V | | 51. | 2 Juni | Gladys Pical | V | | 52. | 2 Juni | Jen Manuputty | VI | | 53. | 2 Juni | Ibu N. Gaspersz | VI | | 54. | 2 Juni | Juneth Souhoka | VI | | 55. | 2 Juni | Ibu J. Pattiasina | X | | 56. | 2 Juni | Ibu A. Anakotta | XI | | 57. | 2 Juni | Jofan Pesulima | XII | | 58. | 3 Juni | Rivensca Haliwela | V | | 59. | 3 Juni | Ibu N. Mahulette | X | | 60. | 3 Juni | Ibu R. Hiarieij | X | | 61. | 3 Juni | Putri Maloky | XI |   **HUT PERNIKAHAN**   |  |  |  |  | | --- | --- | --- | --- | | **No.** | **TANGGAL** | **NAMA JEMAAT** | **SEKTOR** | | 1. | 28 Mei | Kel. W. Ririhena | III | | 2. | 30 Mei | Kel. Ibu V. Pitoy | II | | 3. | 30 Mei | Kel. E. Efruan | IV | | 4. | 31 Mei | Kel. P. Pesulima | XII | | 5. | 1 Juni | Kel. P. Gaspersz | X | | 6. | 2 Juni | Kel. Ibu I. Patty | IV | |
| **SANTAPAN HARIAN KELUARGA**          **Nats Bacaan :**  **Kolose 4 : 2 – 4 (Tematis)**    ***Bersama Melayani Tuhan***  epatah mengatakan bahwa “Berat sama dipikul, ringan sama dijinjing“. Pepatah ini  mengandung pengertian bahwa segala sesuatu akan lebih mudah dikerjakan  apabila dilakukan bersama-sama. Pekerjaan yang berat akan menjadi ringan, bila dikerjakan secara bersama. Karena itu penting untuk menjaga relasi bersama dengan rekan kerja yang lain dalam bekerja. Sebuah kebersamaan juga diperlukan ketika melakukan pelayanan dalam pekerjaan Tuhan. Karena pekerjaan pelayanan tidak dapat berlangsung dengan baik tanpa ada dukungan dari orang lain. Seperti Paulus dalam melayani jemaat di Kolose, ia tidak melakukannya sendiri tetapi ia melayani bersama rekan pelayanan yang lain. Memang sebagai sesama rekan pelayan ada banyak perbedaan. Tetapi Paulus menasehatkan agar mereka tetap memelihara persekutuan dan tekun serta bersungguh-sungguh berdoa. Mereka berdoa bersama agar pekerjaan pelayanan yang dilakukan itu membuahkan hasil yang baik. Kitapun harus selalu menjaga kebersamaan dalam keluarga, dengan rekan kerja di tempat kerja atau rekan sepelayanan dimana kita melayani. Jauhkanlah hal-hal yang dapat menghancurkan kebersamaan yang sudah kita bangun dan sungguh-sungguh bertekun dalam doa supaya apapun yang hendak kita kerjakan bagi pengembangan pelayanan, hal itu dapat memberikan buah kebaikan dan berkat bagi orang lain.  **Doa:**  *Tuhan, eratkanlah kami dalam satu tali persekutuan kasih sebagai orang-orang yang melayaniMu. Amin.*  [**Khasiat Tauge untuk Kesehatan Tubuh**](http://i-herbal.blogspot.com/2012/03/khasiat-tauge-untuk-kesehatan-tubuh.html)  Taoge. Tanaman kecambah yang satu ini memang banyak dan gampang sekali untuk kita temui dalam hidangan makanan kita sehari-hari, mulai dari soto sampai dengan ketoprak biasanya menggunakan tauge sebagai bahan campuran sayuran di dalamnya. Tauge adalah salah satu jenis makanan kecambah yang memberikan banyak mafaat bagi tubuh. Sebagian orang bilang jika wanita yang ingin sekali memiliki momongan maka perbanyaklah makan tauge.  Tapi sebenarnya tauge bukan hanya makanan penambah kesuburun saja, akan tetapi banyak sekali manfaat yang terkandung di dalamnya termasuk untuk [kesehatan](http://i-herbal.blogspot.com/" \t "_blank) tulang juga  Berikut ini beberapa manfaat Tauge:  - Mengandung anti oksidan dan viamin E yang berkhasiat bagi kesuburan dan mampu mendongkrak vitaltas pria dan kejantanannya  - Protein tauge lebih tinggi 19% dibandingkan dengan kandungan protein dalam biji aslinya, karena, selama proses menjadi kecambah, terjadi pembentukan asam-asam amino esensial yang merupakan penyusun protein.  - Dapat mencegah kanker, karena proses menjadi tauge telah menguraikan 90% rantai polisakarida menjadi karbohidrat sederhana  - Mencegah serangan jantung dan stroke  - Mengandung serat yang membantu pengurasan kotoran dalam usus besar  - Membangkitkan kekebalan  **“CAPCAY PUTIH“**  **Bahan :**   * 1 buah wortel, iris melintang tebal ● 1 cm3 buah bakso ikan, iris * 5 lembar sawi putih, potong-potong ● 4 siung bawang putih, iris halus * Jamur hitam, cuci, rebus sampai empuk, iris-iris ● garam secukupnya * 1 batang bunga tahu, rendam air panas, cabik-cabik ● 1 sdk mkn gula pasir * 1 buah bawang bombay ukuran sedang, belah 8 ● 1 sdk mkn minyak sayur * 100 gr bunga kol, potong tengah * 1/4 dada ayam, rebus, sisihkan 250 ml kaldunya, suwir tebal 2 cm   **Cara memasak :**   * Tumis bawang putih hingga harum * masukkan ayam, bawang bombay, wortel dan bakso ikan, kemudian aduk * Beri kaldu ayam sampai wartel empuk * masukkan semua sayur, aduk rata hingga layu * Beri garam dan gula sesuai selera. * Aduk rata, angkat dan sajikan | |





***MENGUCAPKAN***

**SEKRETARIAT**

**MAJELIS JEMAAT GPM SILO**

